

Gold Coast Regional Masters Competition**15th September 2019 - 15/09/2019****Griffith University, Gold Coast****Results - 15th September 2019 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed 60 M Sprint**

Name	Age	Team	Finals
Section 1 Wind: NWI			
1 Simon Titley	M48	Gold Coast and Southern	7.88
2 Scott Beatson	M46	Gold Coast and Southern	8.30
3 Rene Doel	M43	Gold Coast and Southern	8.75
4 Denis Griffith	M70	Visitor	9.10
5 Carol Davis	W68	Gold Coast and Southern	9.65
6 John Lester	M75	Brisbane	9.96
7 Mariya Todorova	W46	Gold Coast and Southern	10.80
8 Rita Goulart	W43	Visitor	12.87

Mixed 100 M Sprint

Section 1 Wind: NWI			
1 Simon Titley	M48	Gold Coast and Southern	12.59
2 Scott Beatson	M46	Gold Coast and Southern	12.94
3 Andrew Barkworth	M48	Visitor	13.05
4 Cheyana Copping	W19	Visitor	14.04
5 Steven Gillespie	M29	North Queensland	15.12
6 Carol Davis	W68	Gold Coast and Southern	15.57
7 John Lester	M75	Brisbane	16.33
--- Denis Griffith	M70	Visitor	DNF

Mixed 400 M Sprint

Section 1			
1 Gary Parkinson	M51	Gold Coast and Southern	55.99
2 Simon Titley	M48	Gold Coast and Southern	61.63
3 Scott Beatson	M46	Gold Coast and Southern	67.36
4 Carol Davis	W68	Gold Coast and Southern	74.42
5 Jasmine Williams	W26	Visitor	77.24

Mixed 1500 M Run

Section 1			
1 Hugh McGaw	M41	Visitor	5:06.80
2 Michael Percival	M70	Gold Coast and Southern	6:23.55
3 Bruce Bodsworth	M68	Gold Coast and Southern	7:15.60

Mixed 3000 M Run

Section 1			
1 Neill Smith	M37	Gold Coast and Southern	10:45.52

Mixed 100 M Hurdles

Section 1 Wind: NWI			
1 Cheyana Copping	W19	Visitor	18.05
2 Andrew Barkworth	M48	Visitor	19.56
3 Jasmine Williams	W26	Visitor	20.48

Mixed Long Jump

Flight 1				
1 Steven Gillespie	M29	North Queensland	3.25m	NWI

Mixed Shot Put

Flight 1			
1 Rene Doel	M43	Gold Coast and Southern	10.49m
2 Dash Daniels	M83	Gold Coast and Southern	10.34m
3 Carol Davis	W68	Gold Coast and Southern	6.74m
4 Rita Goulart	W43	Visitor	5.60m

Gold Coast Regional Masters Competition**15th September 2019 - 15/09/2019****Griffith University, Gold Coast****Results - 15th September 2019 - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed Discus****Flight 1**

1	Rene Doel	M43	Gold Coast and Southern	31.45m
2	Dash Daniels	M83	Gold Coast and Southern	28.25m
3	Andrew Barkworth	M48	Visitor	19.56m
4	Rita Goulart	W43	Visitor	12.65m

Mixed Javelin**Flight 1**

1	Rene Doel	M43	Gold Coast and Southern	41.51m
2	Andrew Barkworth	M48	Visitor	30.40m
3	Carol Davis	W68	Gold Coast and Southern	21.74m
4	Rita Goulart	W43	Visitor	13.93m