

Gold Coast Regional Masters Competition**10th November 2019****Griffith University, Gold Coast****Results - 10th November 2019 - Age Grading: 5 Yr Indiv & 5 yr Multi****W29&U 60 Meter Sprint**

Name	Age	Team	Finals	Wind
Finals				
1 Juliette Kariko	W12	Visitor	9.14	NWI

W30 60 Meter Sprint

Finals				
1 Amy McGaw	W33	Visitor	9.71	NWI

W35 60 Meter Sprint

Finals					
1 Samantha Leonard	W36	Visitor	9.53	NWI	2
2 Tracey Hollis	W35	Visitor	10.21	NWI	2

M40 60 Meter Sprint

Finals					
1 James Nightingale	M43	Visitor	7.44	NWI	2

M45 60 Meter Sprint

Finals					
1 Graham Scully	M45	Brisbane	7.85	NWI	1
2 Simon Titley	M48	Gold Coast and Southern	7.96	NWI	2
3 Scott Beatson	M46	Gold Coast and Southern	8.25	NWI	2

W45 60 Meter Sprint

Finals					
1 Nikki Liddell	W48	Gold Coast and Southern	10.13	NWI	2
2 Mariya Todorova	W46	Gold Coast and Southern	10.78	NWI	1

W55 60 Meter Sprint

Finals					
1 Linda Brandt	W57	Visitor	11.92	NWI	2

M60 60 Meter Sprint

Finals					
1 David Mitchell	M63	Gold Coast and Southern	9.31	NWI	

M65 60 Meter Sprint

Finals					
1 Joe Begley	M65	Brisbane	9.16	NWI	2

W29&U 100 Meter Sprint

Finals					
1 Tlena Williams	W12	Gold Coast and Southern	15.06	NWI	1
2 Juliette Kariko	W12	Visitor	15.13	NWI	2

W30 100 Meter Sprint

Finals					
1 Amy McGaw	W33	Visitor	16.13	NWI	

W35 100 Meter Sprint

Finals					
1 Tracey Hollis	W35	Visitor	16.85	NWI	

M40 100 Meter Sprint

Finals					
1 James Nightingale	M43	Visitor	11.74	NWI	

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1	Graham Scully	M45	Brisbane	12.09	NWI	1
2	Simon Titley	M48	Gold Coast and Southern	12.94	NWI	2
3	Scott Beatson	M46	Gold Coast and Southern	13.04	NWI	1

W45 100 Meter Sprint**Finals**

1	Nikki Liddell	W48	Gold Coast and Southern	16.78	NWI	2
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M50 100 Meter Sprint**Finals**

1	Stephen Bennett	M54	Brisbane	14.16	NWI	1
2	Chris Brack	M50	Visitor	14.54	NWI	2

M60 100 Meter Sprint**Finals**

1	David Mitchell	M63	Gold Coast and Southern	15.05	NWI	2
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M65 100 Meter Sprint**Finals**

1	Joe Begley	M65	Brisbane	14.64	NWI	2
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W29&U 400 Meter Sprint**Finals**

1	Telena Williams	W12	Gold Coast and Southern	70.83		2
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M35 400 Meter Sprint**Finals**

1	Neill Smith	M37	Gold Coast and Southern	66.06		
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W35 400 Meter Sprint**Finals**

1	Tracey Hollis	W35	Visitor	1:52.16		
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M40 400 Meter Sprint**Finals**

1	Daniel Mellish	M41	Brisbane	56.37		2
2	Hugh McGaw	M41	Visitor	69.64		1

M45 400 Meter Sprint**Finals**

1	Graham Scully	M45	Brisbane	55.44		1
2	Simon Titley	M48	Gold Coast and Southern	59.58		2
3	Tadashi Nawagawa	M46	Gold Coast and Southern	61.92		1
4	Scott Beatson	M46	Gold Coast and Southern	65.46		2
5	Andrew Kariko	M47	Gold Coast and Southern	69.58		2

W45 400 Meter Sprint**Finals**

1	Nikki Liddell	W48	Gold Coast and Southern	1:53.94		
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M50 400 Meter Sprint**Finals**

1	Gary Parkinson	M51	Gold Coast and Southern	54.95		2
2	Chris Brack	M50	Visitor	59.77		1
3	Stephen Bennett	M54	Brisbane	61.60		2

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Finals				
1	David Mitchell	M63	Gold Coast and Southern	71.24

M70 400 Meter Sprint

Finals					
1	Paul Chaplain	M70	Brisbane	1:57.38	2

W35 Long Jump

Finals					
1	Samantha Leonard	W36	Visitor	3.84m	NWI
2	Tracey Hollis	W35	Visitor	3.62m	NWI

M45 Long Jump

Finals					
1	Scott Beatson	M46	Gold Coast and Southern	4.61m	NWI

M60 Long Jump

Finals					
1	David Mitchell	M63	Gold Coast and Southern	4.34m	NWI

W35 Triple Jump

Finals					
1	Samantha Leonard	W36	Visitor	8.79m	NWI
2	Tracey Hollis	W35	Visitor	7.59m	NWI

5000m

Finals			
Samantha Leonard	W35	24.20	
Sarah Stoneman	W30	24.57	
Linda Brandt	W55	27.40	
Suzanne Jolly	W60	24.40	
Neill Smith	M35	11.20	