

JIMBOOMBA 13TH July 2019

Discus

Men

Rodney Watson	M45-49	32.69
Richard Harris	M45-49	36.27
Lajos Joni	M60-64	33.30
Bruce O'Connor	M65-69	25.54
Mills Lafferty	M70-74	23.90
Kevin Ryall	M70-74	30.69
Ian Kennedy	M75-79	23.64
Jude Perkins	Vis	28.84

Women

Lorraine Birtwell	W75-79	17.37
Hazel McDonnell	W70-74	15.25
Rosemary Kopittke	W65-69	13.63
Charlotte Fletcher	Vis	21.49

Shot Put

Women

Lorraine Birtwell	W75-79	5.89
Hazel McDonnell	W70-74	5.87
Rosemary Kopittke	W65-69	5.80
Charlotte Fletcher	Vis	7.54

Men

Rodney Watson	M45-49	11.41
Richard Harris	M45-49	10.56
Lajos Joni	M60-64	9.49
Bruce O'Connor	M65-69	8.18
Mills Lafferty	M70-74	8.30
Kevin Ryall	M70-74	10.10
Ian Kennedy	M75-79	7.73
Jude Perkins	Vis	11.75

Hammer Throw

Men

Rodney Watson	M45-49	31.95
Richard Harris	M45-49	33.67
Lajos Joni	M60-64	36.92
Bruce O'Connor	M65-69	24.19
Mills Lafferty	M70-74	28.90
Kevin Ryall	M70-74	21.84
Ian Kennedy	M75-79	24.14
Jude Perkins	Vis	30.27

Women

Lorraine Birtwell	W75-79	22.76
Hazel McDonnell	W70-74	17.37
Rosemary Kopittke	W65-69	14.45
Charlotte Fletcher	Vis	9.80

Weight Throw

Women

Lorraine Birtwell	W75-79	7.79
Hazel McDonnell	W70-74	7.40
Rosemary Kopittke	W65-69	7.00
Charlotte Fletcher	Vis	6.99

Men

Rodney Watson	M45-49	10.05
Richard Harris	M45-49	10.79
Lajos Joni	M60-64	14.93
Mills Lafferty	M70-74	11.01