

**Old Masters Athletics**  
**Gold Coast & Southern Region Championships**

**Results - Sat 5th March 2016 - Age Grading: 5 Yr Indiv**

**M35 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Brett Mackenzie	M36 Brisbane	7.91	+0.0	7.80 81.92%	3
2 Rodney Rhind	M36 Brisbane	8.44	+0.0	8.33 76.78%	3

**W40 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Helena Grono	W43 GC & Sthrn	8.81	1.1	8.41 82.41%	4

**M45 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Gary Parkinson	M48 GC & Sthrn	7.69	+0.0	7.14 89.60%	3
2 Michael Berlin	M46 Brisbane	7.98	+0.0	7.41 86.34%	3

**W45 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Althea Mackie	W45 GC & Sthrn	9.34	1.1	8.58 80.62%	4
2 Catherine Kirkwood	W48 GC & Sthrn	9.53	1.1	8.76 79.01%	4

**M50 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steve Jones	M52 GC & Sthrn	8.02	+0.0	7.21 88.65%	3
2 Michael Kirkby	M54 GC & Sthrn	8.35	+0.0	7.51 85.15%	3
3 Andy Gordon	M50 GC & Sthrn	9.00	+0.0	8.09 79.00%	3

**W50 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Julie Brims	W50 Brisbane	8.38	1.1	7.41 93.44%	4

**M55 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Toufic Lawand	M55 GC & Sthrn	9.10	+0.0	7.92 80.77%	2
2 Ganga Prasad	M57 Brisbane	11.78	+0.0	10.25 62.39%	2

**W55 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Denise Quinn	W59 SC & Nthn	10.93	1.1	9.28 74.66%	4

**M60 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Joe Begley	M62 Brisbane	8.64	+0.0	7.27 87.96%	2
2 Ian Malouf	M62 Brisbane	9.02	+0.0	7.59 84.26%	2
3 Phillip Rodgers	M60 Brisbane	10.73	+0.0	9.02 70.83%	2

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**W60 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Noela Brameld	W62 SC & Nthn	11.04	1.1	8.98 77.08%	4

**M65 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Robin Reisenleiter	M66 GC & Sthrn	8.84	+0.0	7.17 89.25%	2

**M70 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Pio Bunin	M74 Brisbane	10.49	+0.0	8.16 78.36%

**M75 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	12.08	+0.0	8.94 71.52%

**M85 60 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Maurice Dauphinet	M89 Brisbane	12.69	+0.0	8.14 78.49%

**M35 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Brett Mackenzie	M36 Brisbane	12.41	0.9	12.25 79.94%	3
2 Rodney Rhind	M36 Brisbane	13.55	0.9	13.38 73.21%	3

**W40 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Michelle Mackey	W43 GC & Sthrn	13.02	+0.0	12.44 84.41%	5
2 Helena Grono	W43 GC & Sthrn	14.42	+0.0	13.77 76.21%	5

**W45 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Catherine Kirkwood	W48 GC & Sthrn	15.41	+0.0	14.18 74.04%	5

**M45 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Gary Parkinson	M48 GC & Sthrn	11.99	0.9	11.14 87.91%	3
2 Michael Berlin	M46 Brisbane	12.45	0.9	11.57 84.66%	3

**M50 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steve Jones	M52 GC & Sthrn	12.70	0.9	11.43 85.67%	3
2 Dave Varley	M53 Brisbane	12.88	0.9	11.59 84.47%	3
3 Michael Kirkby	M54 GC & Sthrn	13.15	0.9	11.83 82.74%	3
4 Andy Gordon	M50 GC & Sthrn	14.20	0.9	12.78 76.62%	3

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**W50 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Julie Brims	W50 Brisbane	13.04	+0.0	11.54 90.95%	5

**W55 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Donna Emerson	W58 GC & Sthrn	17.01	0.6	14.45 72.60%	4
2 Denise Quinn	W59 SC & Nthn	17.11	0.6	14.53 72.18%	4

**M55 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Toufic Lawand	M55 GC & Sthrn	14.75	0.8	12.84 76.27%	2
2 Ganga Prasad	M57 Brisbane	17.19	0.8	14.97 65.45%	2

**M60 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Joe Begley	M62 Brisbane	13.57	0.8	11.42 85.78%	2
2 Ian Malouf	M62 Brisbane	14.29	0.8	12.03 81.46%	2
3 Terry Dauphinet	M63 Brisbane	14.74	0.8	12.41 78.97%	2
4 Phillip Rodgers	M60 Brisbane	17.47	0.8	14.70 66.63%	2

**W60 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Noela Brameld	W62 SC & Nthn	17.35	0.6	14.13 74.29%	4

**M65 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Robin Reisenleiter	M66 GC & Sthrn	14.10	0.8	11.44 85.60%	2

**M70 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Pio Bunin	M74 Brisbane	16.42	1.6	12.78 76.61%	

**M75 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Alf Lakin	M75 GC & Sthrn	19.35	1.6	14.34 68.27%	

**M80 100 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Bill Cook	M81 GC & Sthrn	17.65	1.6	12.30 79.60%	

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**Results - Sat 5th March 2016 - Age Grading: 5 Yr Indiv**

**M35 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Brett Mackenzie	M36 Brisbane	25.62	NWI	25.21 76.66%	4
2 Rodney Rhind	M36 Brisbane	28.23	NWI	27.77 69.57%	4

**W40 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Michelle Mackey	W43 GC & Sthrn	26.97	NWI	25.20 84.69%	6

**M45 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Gary Parkinson	M48 GC & Sthrn	24.17	NWI	22.33 86.55%	4
2 Michael Berlin	M46 Brisbane	25.75	NWI	23.79 81.24%	4

**W45 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Petrina Brown	W47 GC & Sthrn	30.97	NWI	27.82 76.72%	6
2 Catherine Kirkwood	W48 GC & Sthrn	32.61	NWI	29.30 72.86%	6

**W50 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Julie Brims	W50 Brisbane	26.23	NWI	22.62 94.36%	5
2 Karen Lakin	W52 GC & Sthrn	32.79	NWI	28.28 75.48%	5

**M50 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steve Jones	M52 GC & Sthrn	26.77	NWI	23.92 80.80%	3
2 Dave Varley	M53 Brisbane	26.98	NWI	24.11 80.17%	3
3 Michael Kirkby	M54 GC & Sthrn	27.23	NWI	24.33 79.43%	3
4 D James	M54 Brisbane	28.10	NWI	25.11 76.98%	3

**W55 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Denise Quinn	W59 SC & Nthn	37.91	NWI	31.33 68.14%	5

**M60 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Joe Begley	M62 Brisbane	28.37	NWI	23.64 81.74%	2
2 Ian Malouf	M62 Brisbane	29.70	NWI	24.75 78.08%	2
3 Terry Dauphinet	M63 Brisbane	30.54	NWI	25.45 75.93%	2

**W60 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Noela Brameld	W62 SC & Nthn	38.51	NWI	30.44 70.14%	5

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**M65 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Robin Reisenleiter	M66 GC & Sthrn	29.69	NWI	23.78 81.27%	2

**M70 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Pio Bunin	M74 Brisbane	39.47	NWI	30.17 64.05%

**M75 200 Metre Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	41.73	NWI	30.11 64.17%

**M45 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Gary Parkinson	M48 GC & Sthrn	60.68	54.94 78.59%	2

**W45 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Petrina Brown	W47 GC & Sthrn	70.0h	62.89 75.70%	3

**M50 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Dave Varley	M53 Brisbane	60.52	52.98 81.51%	2
2 Steve Jones	M52 GC & Sthrn	60.58	53.04 81.43%	2
3 D James	M54 Brisbane	62.81	54.99 78.54%	2

**M60 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading
1 Joe Begley	M62 Brisbane	71.77	58.53 73.79%
2 Ian Malouf	M62 Brisbane	72.50	59.12 73.05%

**M65 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading
1 Robin Reisenleiter	M66 GC & Sthrn	70.74	55.44 77.89%

**W65 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Wilma Perkins	W66 Brisbane	1:20.1h	57.69 82.52%	3

**M70 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading
1 Pio Bunin	M74 Brisbane	1:26.82	64.77 66.67%
2 Colin Mancey	M74 GC & Sthrn	1:29.01	66.41 65.03%

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**M75 400 Metre Sprint**

Name	Age Team	Finals	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	1:50.16	76.94 56.13%

**W45 800 Metre Run**

Name	Age Team	Finals	Age-Grading
1 Petrina Brown	W47 GC & Sthrn	2:41.37	2:27.22 76.95%
2 Catherine Kirkwood	W48 GC & Sthrn	2:50.82	2:35.84 72.69%

**M70 800 Metre Run**

Name	Age Team	Finals	Age-Grading
1 Pio Bunin	M74 Brisbane	3:13.22	2:23.37 70.53%
2 Colin Mancey	M74 GC & Sthrn	3:26.31	2:33.09 66.05%

**M75 800 Metre Run**

Name	Age Team	Finals	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	4:19.71	2:59.83 56.23%

**W35 1500 Metre Run**

Name	Age Team	Finals	Age-Grading
1 Erika O'Reilly	W35 GC & Sthrn	5:07.97	5:04.03 76.46%

**M70 1500 Metre Run**

Name	Age Team	Finals	Age-Grading
1 Pio Bunin	M74 Brisbane	7:07.75	5:02.81 68.03%
2 Colin Mancey	M74 GC & Sthrn	7:13.03	5:06.55 67.20%

**M45 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Michael Berlin	M46 Brisbane	4.95m	NWI	5.71m 63.87%

**M55 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Ganga Prasad	M57 Brisbane	3.15m	NWI	4.13m 46.19%

**M60 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Phillip Rodgers	M60 Brisbane	2.30m	NWI	3.23m 36.16%

**M65 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Mills Lafferty	M67 GC & Sthrn	1.80m	NWI	2.73m 30.56%

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**Results - Sat 5th March 2016 - Age Grading: 5 Yr Indiv**

**M45 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Michael Berlin	M46 Brisbane	10.77m	NWI	12.13m 66.36%

**M55 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Ganga Prasad	M57 Brisbane	6.56m	NWI	8.39m 45.91%

**W45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	7.90m	9.43m 41.69%

**W55 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Donna Emerson	W58 GC & Sthrn	8.52m	11.67m 51.61%
2 Denise Quinn	W59 SC & Nthn	6.64m	9.10m 40.22%

**M30 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	7.29m	7.29m 31.53%

**M40 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Rodney Watson	M40 New South Wales	10.67m	11.88m 51.40%
2 Rene Doel	M40 GC & Sthrn	8.83m	9.83m 42.53%
3 Matthew Cooper	M43 GC & Sthrn	8.08m	8.99m 38.92%

**M45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	12.57m	15.11m 65.37%
2 Chris Dunne	M46 GC & Sthrn	8.71m	10.47m 45.29%
3 Tim Lowrey	M49 North Queensland	8.26m	9.93m 42.95%

**M50 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	8.26m	9.68m 41.87%

**M55 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Toufic Lawand	M55 GC & Sthrn	9.75m	12.38m 53.57%
2 Ganga Prasad	M57 Brisbane	6.62m	8.41m 36.37%

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**M60 Shot Put**

Name	Age Team	Finals	Age-Grading
1 William Gibson	M60 GC & Sthrn	8.49m	10.59m 45.84%
2 Franz Schlechter	M63 GC & Sthrn	8.05m	10.04m 43.47%

**M65 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Kevin Ryall	M67 GC & Sthrn	9.18m	12.49m 54.03%
2 Mills Lafferty	M67 GC & Sthrn	7.66m	10.42m 45.09%

**M70 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Guy Quarterman	M74 Brisbane	9.77m	12.51m 54.13%
2 Don Quinn	M71 Brisbane	8.91m	11.41m 49.36%

**W45 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	26.78m	32.29m 42.05%

**W55 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Donna Emerson	W58 GC & Sthrn	21.49m	30.96m 40.31%
2 Denise Quinn	W59 SC & Nthn	17.77m	25.60m 33.33%

**M30 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	17.10m	17.10m 23.08%

**M40 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Rodney Watson	M40 New South Wales	31.19m	34.35m 46.37%
2 Rene Doel	M40 GC & Sthrn	27.19m	29.94m 40.43%
3 Matthew Cooper	M43 GC & Sthrn	25.68m	28.28m 38.18%

**M45 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	42.48m	51.18m 69.10%
2 Chris Dunne	M46 GC & Sthrn	27.81m	33.50m 45.23%
3 Tim Lowrey	M49 North Queensland	22.32m	26.89m 36.30%

**M50 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	32.68m	33.39m 45.08%
2 Dave Varley	M53 Brisbane	28.13m	28.74m 38.80%

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**M55 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Ganga Prasad	M57 Brisbane	18.07m	20.06m 27.08%

**M60 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Franz Schlechter	M63 GC & Sthrn	28.33m	30.10m 40.65%
2 William Gibson	M60 GC & Sthrn	21.65m	23.00m 31.06%

**M65 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Kevin Ryall	M67 GC & Sthrn	27.46m	31.95m 43.14%
2 Viddy Jermacans	M67 GC & Sthrn	23.80m	27.69m 37.39%

**M70 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Guy Quarterman	M74 Brisbane	27.50m	35.14m 47.45%
2 Don Quinn	M71 Brisbane	27.21m	34.77m 46.95%
3 Colin Mancey	M74 GC & Sthrn	15.20m	19.42m 26.22%

**M75 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	17.20m	24.65m 33.28%

**M85 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Maurice Dauphinet	M89 Brisbane	18.46m	36.01m 48.62%

**W45 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	39.63m	50.39m 65.45%

**M30 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	15.90m	15.90m 18.33%

**M40 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Rodney Watson	M40 New South Wales	32.84m	36.95m 42.60%
2 Matthew Cooper	M43 GC & Sthrn	28.48m	32.04m 36.94%
3 Rene Doel	M40 GC & Sthrn	21.24m	23.89m 27.55%

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**M45 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	37.85m	46.92m 54.09%
2 Tim Lowrey	M49 North Queensland	24.28m	30.09m 34.70%
3 Chris Dunne	M46 GC & Sthrn	20.54m	25.46m 29.36%

**M50 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	21.46m	25.46m 29.35%

**M55 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Ganga Prasad	M57 Brisbane	13.52m	17.77m 20.49%

**M60 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 William Gibson	M60 GC & Sthrn	22.88m	29.93m 34.51%
2 Franz Schlechter	M63 GC & Sthrn	21.24m	27.78m 32.04%

**M65 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Mills Lafferty	M67 GC & Sthrn	26.32m	38.57m 44.47%

**M70 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Don Quinn	M71 Brisbane	33.65m	48.87m 56.35%
2 Guy Quarterman	M74 Brisbane	31.42m	45.63m 52.61%

**W45 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	22.35m	27.89m 38.21%

**W55 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Donna Emerson	W58 GC & Sthrn	20.00m	28.96m 39.67%
2 Denise Quinn	W59 SC & Nthn	19.61m	28.39m 38.90%

**M30 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	16.55m	16.55m 16.81%

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**M40 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Rene Doel	M40 GC & Sthrn	38.52m	41.84m 42.49%
2 Matthew Cooper	M43 GC & Sthrn	27.75m	30.14m 30.61%

**M45 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	36.01m	42.18m 42.84%
2 Chris Dunne	M46 GC & Sthrn	34.03m	39.86m 40.48%
3 Tim Lowrey	M49 North Queensland	22.00m	25.77m 26.17%

**M50 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	38.17m	46.86m 47.59%
2 Dave Varley	M53 Brisbane	37.99m	46.64m 47.36%

**M55 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Ganga Prasad	M57 Brisbane	22.75m	30.43m 30.91%

**M60 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Franz Schlechter	M63 GC & Sthrn	20.86m	29.49m 29.95%
2 William Gibson	M60 GC & Sthrn	17.84m	25.22m 25.61%

**M65 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Viddy Jermacans	M67 GC & Sthrn	26.89m	42.00m 42.65%

**M70 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Guy Quarterman	M74 Brisbane	28.95m	48.63m 49.39%
2 Colin Mancey	M74 GC & Sthrn	17.84m	29.97m 30.43%

**M75 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	9.80m	18.55m 18.84%

**M85 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Maurice Dauphinet	M89 Brisbane	15.71m	38.29m 38.89%

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**W45 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	11.72m	15.18m 64.32%

**M30 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	6.05m	6.05m 23.40%

**M40 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Rodney Watson	M40 New South Wales	10.00m	10.89m 42.14%
2 Rene Doel	M40 GC & Sthrn	9.66m	10.52m 40.71%
3 Matthew Cooper	M43 GC & Sthrn	7.72m	8.41m 32.53%

**M45 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	12.36m	14.45m 55.90%
2 Chris Dunne	M46 GC & Sthrn	7.96m	9.31m 36.00%
3 Tim Lowrey	M49 North Queensland	7.69m	8.99m 34.78%

**M50 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	11.65m	12.21m 47.24%

**M55 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Ganga Prasad	M57 Brisbane	6.20m	6.95m 26.91%

**M60 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Franz Schlechter	M63 GC & Sthrn	10.13m	10.55m 40.83%
2 William Gibson	M60 GC & Sthrn	8.68m	9.04m 34.99%

**M65 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Mills Lafferty	M67 GC & Sthrn	9.63m	10.74m 41.53%

**M70 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Guy Quarterman	M74 Brisbane	13.57m	15.48m 59.86%
2 Don Quinn	M71 Brisbane	11.06m	12.61m 48.79%

**Old Masters Athletics**  
**Gold Coast & Southern Region Championships**

**Results - Sat 5th March 2016 - Age Grading: 5 Yr Indiv**

**M30 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Anthony Eggersdorff	M33 Brisbane	4.42m	

**M40 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Rodney Watson	M40 New South Wales	6.28m	
2 Rene Doel	M40 GC & Sthrn	6.18m	
3 Matthew Cooper	M43 GC & Sthrn	4.85m	

**M45 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Todd Davey	M49 Western Australia	8.89m	
2 Chris Dunne	M46 GC & Sthrn	5.23m	
3 Tim Lowrey	M49 North Queensland	5.15m	

**W45 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Althea Mackie	W45 GC & Sthrn	4.66m	

**M50 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Michael Kirkby	M54 GC & Sthrn	5.73m	

**M55 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Ganga Prasad	M57 Brisbane	3.30m	

**M60 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Franz Schlechter	M63 GC & Sthrn	3.18m	

**W60 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Robyn Wales	W63 GC & Sthrn	1.80m	

**M65 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Mills Lafferty	M67 GC & Sthrn	2.80m	

**M70 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Don Quinn	M71 Brisbane	3.38m	

**Old Masters Athletics  
Gold Coast & Southern Region Championships**

**Results - Sat 5th March 2016 - Age Grading: 5 Yr Indiv**

**M75 Heavy Weight 561b**

Name	Age Team	Finals	Age-Grading
1 Alf Lakin	M75 GC & Sthrn	2.51m	

**M50 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Ignacio Jimenez	M50 Brisbane	6:46.94	5:54.69 87.12%

**W60 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Robyn Wales	W63 GC & Sthrn	13:03.87	10:35.41 53.04%

**M75 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Patrick Sela	M76 GC & Sthrn	10:52.90	7:16.99 70.71%
2 George Megas	M79 GC & Sthrn	12:02.60	8:03.64 63.89%

**W45 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Nyle Sunderland	W48 GC & Sthrn	29:45.33	27:31.44 71.88%

**M50 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Ignacio Jimenez	M50 Brisbane	24:33.82	21:30.92 83.47%
2 Paul Lindenberg	M53 GC & Sthrn	32:03.52	28:04.82 63.96%

**W50 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Debbie Lindenberg	W54 GC & Sthrn	34:48.59	30:51.75 64.10%

**W55 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Kay Shaw	W56 GC & Sthrn	32:53.27	27:47.62 71.18%

**M75 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Patrick Sela	M76 GC & Sthrn	37:35.40	25:15.18 71.12%
2 George Megas	M79 GC & Sthrn	42:18.41	28:25.31 63.19%